

# 29<sup>th</sup> ANNUAL CONFERENCE

## April 7-8, 2017

# WISCPHR

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The Wisconsin Society of Cardiovascular and Pulmonary Health & Rehabilitation is pleased to announce its 29<sup>th</sup> Annual Conference. The purpose of the meeting is to enable the learner to incorporate new knowledge and techniques into a cardiac and pulmonary rehabilitation program. This activity has been submitted to AACVPR for CEU approval. Total Contact Hours: 3.75 CEU's for the Friday Workshop; 8.1 CEU's for the Annual Conference

Registered nurses, exercise physiologists, respiratory therapists and other allied health professionals in the area of cardiopulmonary rehabilitation.

**TARGET  
AUDIENCE**

## **AGENDA**

### **FRIDAY, APRIL 7TH**

12:30 – 1:00 pm	Registration for Personal and Professional Development Workshop	Olympia Foyer
1:00 – 4:45 pm	Personal and Professional Development Workshop: Manage Stress Before It Manages You <i>Cella Janisch-Hartline, BSN, ACC Certified Professional Coach</i>	Olympia Center C
5:00 – 6:45 pm	Registration	Olympia Foyer
5:00 – 6:45 pm	Vendor Networking Event <b>Sponsorship Provided by Quinton</b> Heavy hors d'oeuvres & cash bar	Olympia Center AB
6:45 – 7:05 pm	Vendor Presentations	Olympia Center C and Ballroom
7:05 – 7:15 pm	Break	
7:15 – 7:35 pm	Vendor Presentations	Olympia Center C and Ballroom
7:35 – 8:00 pm	WISCPHR President's Welcome/AACVPR Representative Welcome <i>Lance Maerz, MS, RCEP, CCRP, CCET</i> <i>Andrew Miller, AACVPR Membership Senior Coordinator</i> Drawing of vendor presentation tickets	Ballroom
8:00 – 9:10 pm	Speed Topics <b>Sponsorship Provided BY LSI</b>	Ballroom
9:10 – 9:30 pm	Meet and Greet with WISCPHR BOD/AACVPR Representative	Ballroom

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### SATURDAY, APRIL 8TH

6:30 – 7:15 am	Registration	Olympia Foyer
6:30 – 7:15 am	Vendors/Breakfast <b>Sponsorship provided by The Wisconsin Beef Council</b>	Olympia Center AB
7:15 – 7:30 am	Welcome/Overview <i>Lance Maerz MS, RCEP, CCRP, CCET</i>	Ballroom
7:30 – 9:00 am	Keynote – Seven Performance Measures <i>Bonnie Anderson, MS, RCEP, CES, FAACVPR</i> <b>Sponsorship provided by Scottcare</b>	Ballroom
9:00 – 9:30 am	Vendors/Break	Olympia Center AB
9:30 – 10:30 am	Keynote – Roadmap to Reform <i>Tracy Herrewig, MS, RCEP, FAACVPR</i> <b>Sponsorship provided by AACVPR</b>	Ballroom
10:30 – 11:00 am	Vendors/Break/Poster Presentations	Olympia Center AB
11:00 – 12:00 pm	Breakouts: 1. COPD Education - Building Resource Flow from Inpatient through to Community – <i>Diana Rohloff, RN</i> 2. Mindfulness: Building Inner Resources to Manage Stress – <i>Kristen Zahn, MBA, MA BCC</i>	Olympia Center C Ballroom
12:00 – 1:30 pm	Lunch <i>(tables are set up by WISCHPR Regions)</i> Business Meeting <b>Sponsorship provided by Scottcare</b> AACVPR Presentation • Award Presentations *Award of Excellence <b>Sponsorship provided by WISCPHR</b> *WISCPHR Innovation Award <b>Sponsorship provided by Quinton</b>	Olympia Center AB
1:30 – 2:30 pm	Breakouts: 1. Left Ventricular Assist Device Patients and the Cardiac Rehab Experience – <i>Maureen Johnson, BSBE</i> 2. A Dietitian's Wish List: The Top 10 Things to Know About Nutrition - <i>Robin Peterson, RDN, CD</i>	Ballroom Olympia Center C
2:30 – 4:00 pm	Keynote – Exercise Evaluation and Prescription: How Do You Really Do It? <b>Sponsorship provided by Scottcare</b> <i>John Porcari, PhD, RECP, FACSM, MAACVPR</i> <i>Carl Foster, PhD, FACSM, MAACVPR</i>	Ballroom
4:00 – 4:15 pm	Closing/Evaluation – <i>Lance Maerz, MS, RCEP, CCRP, CCET</i>	Ballroom

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### REGISTRATION

Register online at  
<http://wiscphr.wisc.edu>  
Follow instructions on website to  
pay via pay pal or by check.  
Mail registration form and check to:  
Tammy Riebe  
Attn: Annual Conference  
18617 Mueller Road  
Kiel, WI 53042  
(Make check payable to: WISCPHR)

### REFUND POLICY

All requests for refunds must be  
made in writing and postmarked by  
March 25, 2017. A \$60.00  
administrative fee will be assessed  
for every refund processed.

### SPECIAL NEEDS

We encourage participation by all  
individuals. If you have a disability,  
advance notification of any special  
needs will help us to serve you  
better. For more information  
email: Kimberly Beyer  
[Kimberly.beyer2@ascension.org](mailto:Kimberly.beyer2@ascension.org)

### CONFERENCE FEES

#### FRIDAY EVENING & SATURDAY

Register by March 10, 2017 to receive:

#### EARLY BIRD DISCOUNT

\$145.00 WISCPHR/AACVPR Member  
*Membership will be verified*

\$225.00 Non Member  
\$75.00 Students

*6 or more academic credits  
current semester*

\$50.00 Personal and Professional  
Development Workshop  
*Friday 1:00 to 4:45 pm*

#### AFTER March 10, 2017

\$195.00 WISCPHR/AACVPR Member  
*Membership will be verified*

\$275.00 Non Member  
\$125.00 Students

*6 or more academic credits  
current semester*

\$50.00 Personal and Professional  
Development Workshop  
*Friday 1:00 to 4:45 pm*

### ACCOMMODATIONS

#### OLYMPIA RESORT HOTEL, SPA & CONFERENCE CENTER

1350 Royale Mile Road, Oconomowoc, WI 53066

FOR RESERVATION: CALL: 262-369-4999

WISCPHR block of rooms will be held until March 10, 2017

Rooms: \$80 / night

#### EARLY BIRD REGISTRATION:

Register by March 10, 2017 to win one of two 2018 WISCPHR Annual Conference registrations and two pre-conference registrations.



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## SPEAKERS

### KEYNOTE & BREAKOUTS

Cella Janisch-Hartline, BSN, ACC Certified Professional Coach – Rural Wisconsin Health Cooperative, Sauk City, WI  
Bonnie Anderson, MS, RCEP, CES, FAACVPR – Vernon Memorial Healthcare, Viroqua, WI  
Tracy Herrewig, MS, RCEP, FAACVPR – Mercy Medical Center, Oshkosh, WI  
John Porcari, PhD, RCEP, FACSM, MAACVPR – University of Wisconsin, La Crosse, WI  
Carl Foster, PhD, FACSM, MAACVPR – University of Wisconsin, La Crosse, WI  
Diana Rohloff, RN – Aurora Health Care, Milwaukee, WI  
Kristen Zahn, MBA, MA, BCC – All Saints Hospital, Racine, WI  
Maureen Johnson, BSBE – Aurora St. Luke's Medical Center, Milwaukee, WI  
Robin Peterson, RCD, CD – Aurora St. Luke's Medical Center, Milwaukee, WI

Mitch Cook, BS, CSCS – University of Wisconsin, La Crosse, WI  
Rea Fritz, BS, RN, CDE – Fort HealthCare, Fort Atkinson, WI  
Megan Justman, MS – All Saints Hospital, Racine, WI  
Kim Radtke, MS, CCRP, RCEP – University of Wisconsin, La Crosse, WI  
Beth Salko, BSN, RN-BC – Aurora Health Care, Milwaukee, WI  
Lynn Waldera, RRT, RPSGT, BA – Divine Savior Healthcare, Portage, WI

### SPEED TOPICS

## CONFERENCE COMMITTEE MEMBERS

Bonnie Anderson, MS, RCEP, CES, FAACVPR – Vernon Memorial Healthcare, Viroqua, WI  
Kimberly Beyer, BS, FAACVPR – Columbia-St. Mary's, Ozaukee, WI  
Rebecca Blake, BS – Aurora Sheboygan Memorial Medical Center, Sheboygan, WI  
Heath Grant, MS, FAACVPR – UW Preventive Cardiology, Madison, WI  
Joy Haese, MS – Bellin Health, Green Bay, WI  
Dawn Hoff, MS, RCEP, CES – Vernon Memorial Healthcare, Viroqua, WI  
Jill Kahler, MS, CES – Mercy Medical Center, Oshkosh, WI  
Sue Kindschi, RN, BA, CES, FAACVPR – Edgerton Hospital and Health Services, Edgerton, WI  
Megan Justman, MS – All Saints Hospital, Racine, WI  
Julie Lee, MS, CCRP – Tomah Memorial Hospital, Tomah, WI  
Lance Maerz, MS, RCEP, CCET, CCRP – Dodgeville, WI  
Lisa Michaels-Bilgrien, BS, RCEP, CES – Fort HeathCare, Fort Atkinson, WI  
Tammy Riebe, BS, RCEP – St. Nicholas Hospital, Sheboygan, WI  
Diana Rohloff, RN – Aurora Health Care, Milwaukee, WI  
Beth Salko, BSN, RN-BC – Aurora Health Care, Milwaukee, WI  
Tammi Smith, MS, RCEP – Aspirus Wausau Hospital, Wausau, WI  
Shana Steele, MS, RCEP, CCRP, CES, CSCS – Tomah Memorial Hospital, Tomah, WI  
Carolyn Verhage, RN, BC, BSN, FAACVPR – St. Nicholas Hospital, Sheboygan, WI  
Colleen Voll, BS – St. Clare Hospital, Baraboo, WI  
Thorne Wittstruck, BS, RCEP – SSM Healthcare – St. Clare Hospital, Wisconsin Dells, WI