22nd annual conference

2010

agenda

Friday, April 16th

12:45-5:00 pm  Leadership workshop
(by invitation only)

6:00-6:30 pm  Registration

6:30-7:00 pm  Program certification/Recertification update
Bonnie Anderson, MS
Erik Samuelson, MA

7:00-9:00 pm  Speed topics: Fast furious fun - Networking & resources

9:00-10:30 pm  Social hour
Sponsored by WISCPhR and cardiac science

Register early at http://wiscphr.wisc.edu

Saturday, April 17th

10:15-10:45 am  Vendors/break

10:45-11:45 am  Keynote: Long and heart disease in cardiopulmonary rehab: Ignore the 'other' organ at your peril
Theodore Gronski, Jr., MD

11:45-12:45 pm  Lunch, business meeting, Award of excellence

1:00-2:00 pm  Keynote: Powerful medicine: The pleiotropic effects of physical activity and cardiorespiratory fitness
Murray Low, EdD

2:00-3:00 pm  Breakouts:
1. Best practices - Pulmonary rehabilitation
Diana Rohloff, RN
Susan Gaskell, RT

2. Assessing staff competencies in cardiac and pulmonary rehabilitation
Pat Comoss, RN, BS

3. Fish oil, vitamin D & Magnesium: What to tell our patients
John Leech, MA

3:00-3:10 pm  Break

3:10-4:30 pm  Keynote: Clinicians in the hot seat: Applying joint commission national patient safety goals in cardiac and pulmonary rehabilitation programs
Pat Comoss, RN, BS

4:30-4:45 pm  Closing/Evaluation

Handouts
In an attempt to go green, presenter handouts are available on the WISCPhR website only. There will be no binders. Please print off handouts prior to the conference

Radisson Paper Valley
333 West College Avenue
Appleton, Wisconsin
1-800-395-7046

www.radisson.com/appletonwi
overview

The Wisconsin Society of Cardiovascular and Pulmonary Health & Rehabilitation is pleased to announce its 22nd annual meeting, the purpose of the meeting is to educate and enhance knowledge of cardiovascular and pulmonary rehabilitation science.

speakers

GRETCHEN DIEM, PhD
health psychologist, Meriter Hospital, Madison, WI

THEODORE GRONSKI, JR., MD
lung transplant program medical director, St. Luke’s Medical Center, Milwaukee, WI

MURRAY LOW, EdD
cardiac rehab director, Greater New York City area

BONNIE ANDERSON, MS
exercise specialist, Department of Rehabilitation Medicine, Vermont Memorial Healthcare, Viroqua, WI

RABBIA FAGAN, FNP
health promotion services director, Froedtert & Community Health, Menomonee Falls, WI

TRACY HERREWIG, MS
cardiac and pulmonary rehab coordinator, Mercy Medical Center,oshkosh, WI

DIANA Rohloff, RN
pulmonary services supervisor, St. Luke’s Medical Center, Milwaukee, WI

SUSAN GASKELL, RRT
staff respiratory therapist, St. Luke’s Medical Center, Milwaukee, WI

JOHN LEECH, MA
wellness center manager, Meriter Hospital, Madison, WI

PAT COMOSS, RN, BS
cardiac rehab nurse consultant, nursing enrichment consultants, Harrisburg, PA

conference committee members

Kim Beyer B.S. Columbia/St. Mary’s, Milwaukee
Carol Boe M.S. Meriter Hospital, Madison
Bonnie Anderson M.S. Vernon Memorial Hospital, Viroqua
Sue Kindschi R.N., B.A. Edgerton General, Edgerton
Tami Smith M.S. Aspirus Wausau Hospital, Wausau
Cindy Ostrowski M.S. Vernon Memorial Hospital, Viroqua
John Leech M.A. Meriter Hospital, Madison
Barb Templin R.N. Flambeau Hospital, Park Falls
Barb Scotty M.S. Wheaton Franciscan Healthcare, St. Joseph
Carolyn Verhage R.N., B.S.N., BC St. Nicholas Hosp, Sheboygan
Sandy Zemke R.N., B.S. St. Lukes Medical Ctr, Milwaukee
Erik Samuelson M.A. Froedters Hospital, Milwaukee
Lori Kleinschmidt, M.S. St. Elizabeth Hospital, Appleton
Diana Rohloff R.N., B.S. St. Luke’s Medical Center, Milwaukee
Heather Grant, M.S. UW Hospital and Clinics, Madison
Thorine Wittrucker, BS St. Claire Hospital, Baraboo
Tracy Herrewig, MS Mercy Medical Center, Oshkosh

objectsives

● Identify changes in the aacvpr certification and/or recertification process
● Identify networking opportunities and resources available in the wisconsin association
● Describe strategies for helping patients maintain healthy lifestyle changes
● Identify treatment options for patients with idiopathic pulmonary fibrosis
● Discuss the role of aacvpr in promoting individual and organizational professional growth
● Identify the three components of a comprehensive cardiac rehabilitation program
● Discuss the relationship between pulmonary and cardiac disease in a rehabilitation setting
● Describe the role of physical activity and cardiorespiratory fitness in primary and secondary prevention
● Identify the three components of a comprehensive pulmonary rehabilitation program
● Describe staff competencies required for program compliance
● Discuss recommendations for the use of fish oil, vitamin D and magnesium with rehabilitation patients

Contact hours

This activity has been submitted to WNA CEP for approval to award contact hours. Wisconsin Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Total contact hours: 9.1 (2.3 Friday, 6.8 Saturday)

acsm will accept WNA credits

accommodations

Wisconsin Society of Cardiovascular and Pulmonary Health & Rehabilitation block of rooms will be held at Radisson Paper Valley Hotel, 333 West College Avenue, Appleton, Wisconsin, 1-800-392-7046 or website www.radisson.com/appletonwi

Special Needs

We encourage participation by all individuals. If you have a disability, advance notification of any special needs will help us to serve you better.

Refund policy

All requests for refunds must be postmarked in writing no later than April 4, 2010. A $50.00 administrative fee will be assessed for every refund processed. No refunds will be processed after April 12, 2010.

Early Bird Registration

Register by March 20, 2010 for a chance to win 3 grand prizes: 3 conference registrations for 2011 Wisconsin Society of Cardiovascular and Pulmonary Health & Rehabilitation meeting. Register for additional door prizes at vendor booths.

registration form

2010 Annual Wisconsin Society of Cardiovascular and Pulmonary Health & Rehabilitation Conference
Friday & Saturday, April 16 & 17, 2010

Name ________________________________

Mailing Address ( ) home ( ) work ____________

Work Phone ( ) ____________

E-Mail ________________________________

Fax ( ) ________________________________

Are you a member of Wisconsin Society of Cardiovascular and Pulmonary Health & Rehabilitation? ( ) yes ( ) no

Wisconsin Society of Cardiovascular and Pulmonary Health & Rehabilitation can send me information about events ( ) yes ( ) no

Check One:

MD ( ) 

NI ( ) 

OT ( ) 

PT/OT ( ) 

Respiratory Therapist ( ) 

Physical Therapist ( ) 

Dietitian ( ) 

Other ________________

Institution ________________________________

City ________________________________

State ________________________________

ZIP ________________________________

Are you a member of Wisconsin Society of Cardiovascular and Pulmonary Health & Rehabilitation? ( ) yes ( ) no

Make check payable to: Wisconsin Society of Cardiovascular and Pulmonary Health & Rehabilitation

Mail registration form (printable form on line) and check to: Carol Boe, Meriter Wellness Center, 2501 West Beltline Highway, Suite 207 Madison, WI 53713

Conference Fees:

$150 Leadership Workshop, Speed Topics & Saturday Conference

$120 Speed Topics & Saturday Conference

$50 Leadership Workshop & Speed Topics (Friday only)

$75 Students

Wisconsin Society of Cardiovascular and Pulmonary Health & Rehabilitation members—additional $30.00

After April 1st, add $20.00

Register online at http://wischpr.wisc.edu

Name ________________________________

Mailing Address ( ) home ( ) work ____________

Work Phone ( ) ____________

E-Mail ________________________________

Fax ( ) ________________________________

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